

5th October 2021

Dear Parishioners and Friends,

We are now in Alert Level 3.

The churches are closed except for funerals and weddings up to a maximum of 10 people.

No weekday or Sunday Masses.

No communion to the sick.

Anointing of the sick is available if you contact me by phone or email.

The same Level 3 restrictions apply as set out by Bishop Steve on 29th August 2021.

Please let others know who are not getting emails from the Parish in case they need a refresher of what Alert Level 3 means for the Parish.

The Mass is live streamed at 8.00 am from the Cathedral and here is the link

[Livestream Mass — Catholic Diocese of Hamilton \(cdh.org.nz\)](https://www.cdh.org.nz)

The Parish office will be closed. Parishioners are welcome to contact the Parish by phone or by email stcol.parish@extra.co.nz or you may email me at freamonkennedy@gmail.com

As a suggestion for your daily prayer, I would encourage you all to read slowly one the Scripture readings of the day.

Wednesday's Scriptures

Jonah 4:1-11

Psalm 85:3-6,9-10

Luke 11:1-4

A short reflection on the Gospel.

As an alternative to continuing the story of Jonah, here are some thoughts on Luke's version of the Our Father from the Gospel reading today. The first important thing we notice is that Jesus was praying. The second thing of interest is they disciples wanted to learn from Jesus how to pray. This same question is something we also may have in our minds as well. **How do we pray?** Essentially prayer is conversation with God. Speaking as one friend to another (Ignatius of Loyola). Raising our hearts and minds to God. Formal prayers are helpful as well, like the Our Father and Hail Mary. When we pray the Our Father, we put Jesus' words on our lips and address them to God the Father. When we think of this, this is a powerful way of praying, using Jesus' words for our prayer.

Kind regards

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